

THE DAYSTAR UNIVERSITY WEEKLY

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SPECIAL EDITION March 13th, 2020

COVID-19

CORONAVIRUS DISEASE - 2019

HEALTH ALERT!

BREAKING NEWS

The Cabinet Secretary of Health, Hon. Mutahi Kagwe, has this morning announced a confirmed case of Coronavirus infection in Kenya.

Addressing a press conference in Nairobi, The Cabinet Secretary said the infected person is a female Kenyan citizen who arrived in the country from USA on March 5th via UK. The case was confirmed by the National Influenza Centre Laboratory and The Public Health Laboratories of the Ministry of Health yesterday 12th March and is admitted at the Kenyatta National Hospital.

Coronavirus (COVID-19) is a new communicable viral disease spread through droplets from cough, sneezing or [body] fluids from an infected person or contaminated surfaces. Since the first case was reported in China, the outbreak has spread fast and caused great alarm around the world. According to information obtained from Kenya's Ministry of Health, the common symptoms of COVID-19 include *fever, cough, headache, difficulty in breathing and sneezing*. These may appear within 14 days of infection.

The Government has made public announcements and rolled out enhanced screening and quarantine measures for travelers in and out of the country in a bid to reduce chances of exposure within the country. Consequently the government has banned all public gatherings and school competitions.

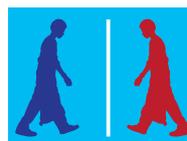
Ways to prevent COVID-19



Wash hands regularly with soap and running water, or use an alcohol-based hand sanitizer



Cough or sneeze into a disposable tissues or flexed elbow, and wash hands immediately.



Observe safe **social distance** of at least **2 metres** from people who have flu-like symptoms



Keep away from people who have flu-like symptoms and avoid travelling.



Avoid handshake, hugging or kissing with people with flu-like symptoms.

Advisory on visitors from countries reporting COVID-19

People entering Kenya from countries reporting COVID-19 case(s) are required to provide details of their location in the country in addition to self-isolation by not travelling out of their residence for 14 days. However, in case such people develop fever, cough, headache, body weakness, shortness of breath or difficulty in breathing, they should urgently seek medical attention from the nearest health facility.

Should you travel out of the country and need help, please contact the Kenyan Embassy in your country of residence.



Precautions taken by Daystar University

The University Management has put in place internal mechanism to insulate the community from infection.

- Community members are **strongly** advised to **strictly** observe precautionary measures detailed on page 1.
- Make use of soaps and sanitizers placed in strategic places across the University on both campuses.
- The Daystar sports office will advise regarding ongoing sports activities both within and outside the campus.



ISOLATION CENTRES CLOSE TO DAYSTAR UNIVERSITY CAMPUSES

NAIROBI: The Government has set aside Mbagathi Level 5 Hospital as an isolation centre.

MACHAKOS: In Machakos County, The Governor's Office confirms the following preparedness measures are in place at Machakos Level 5 Hospital:

- 3 Isolation wards ready.
- 15 trained medical staff ready.
- 2 specialized ambulances set aside for any case & ready.
- Initial 50 Protective kits & Medicine ready.
- All Machakos Health workers have been guidelines on how to deal with any arising situation.

In case of Emergency:

Students to call Madison

0709 922 555 | 020 2864 555

Staff / Faculty to call Saham

0780 711 115 | 0720 717 580

0780 335 511

For further information / help please contact

Ministry Of Health emergency teams on Toll Free Line:

0800 72 13 16 | +254 729471 414 | +254 732 353 535

Email: headidsru.mohkenya@gmail.com or

Dial *265# for updates from the Ministry of Health.

Source: <http://www.health.go.ke/>